

Centenary College  
Of Hackettstown, New Jersey

Alcohol and Drug Awareness and Wellness Program  
2011 Biennial Review

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**I. Statement of Alcohol and Other Drug (AOD) Program Goals and a Discussion of Goal Achievement.**

Centenary College is committed to advancing knowledge of alcohol and other drug (AOD) related issues through the implementation of scientifically based prevention practices, assessment and services. As part of this commitment Centenary is dedicated to creating a welcoming and inclusive community characterized by opportunities for physical, social, spiritual, emotional and cultural growth.

**II. Centenary College Core Values and Principles**

- Engage, empower, and advocate for the growth potential of Centenary students to be responsible members of the Centenary community.
- Create an environment of inclusion to maximize the spiritual, emotional, cultural, social, physical and academic growth of our community.
- Respect differences, value diversity and promote the positive growth of individuals.
- Collaborate with community partners, scholars and practitioners on all levels to enhance the field of alcohol and other drug treatment and prevention.
- Continue to contribute to the body of knowledge in the field of alcohol and other drugs, pursue outside resources, and affect positive systemic change through policy and practice.

**III. Centenary Program Goals**

Alcohol and other drug use and abuse pose a potential risk to the health, safety and educational experiences of our students and staff. The negative effects of use and abuse may be further felt in the community through noise (loud parties), vehicular danger, vandalism, acts of intolerance and hate crimes, and the use of campus and community resources such as public safety, security, police, paramedics, detoxification centers, and health service personnel. Consistent with the core values of Centenary, we seek to reduce and prevent problems associated with alcohol and other drug use and abuse by students through the provision of programs and services. Centenary College has a Student Code of Conduct which includes parental notification policies, alcohol education programs and services seek to address developmental life issues with students and provide them strategies for successful growth. On a macro level, Centenary seeks to work collaboratively with the larger community in creating environmental management systems which help reduce risk. Centenary representatives serve in leadership roles in relevant collegiate organizations.

#### **IV. Description of Alcohol and Other Drugs (AOD) Program Elements**

- a. Tertiary Prevention: The focus of tertiary prevention is treating a wellness problem once it has developed so as to eliminate the problem or prevent it from worsening (Caplan 1964)

Tertiary services provide students, who exhibit high risk behaviors, opportunities for interventions based on best practices (Short-term Motivational Interviewing, Cognitive Behavioral Interventions, and Social Norming).

i. Tertiary Steps:

1. Students of Concern Meeting (Collaboration of Student Affairs staff to identify and create means to support at risk students as reported by various school staff and faculty throughout the year.)
2. Alcohol Abuse Assessments – Two 1 hour sessions – the first hour is an assessment the second hour is a discussion of assessment, goals, and tools to achieve objectives.
3. On Campus Counseling Services, which may include individually tailored treatment plans.
4. Students presenting behaviors outside the scope of our counselors are referred to outside counselors (Hackettstown Regional Medical Center Counseling & Addiction Center)

- b. Secondary Prevention: The focus of secondary prevention is early identification and treatment of health (wellness) problems. (Caplan, 1964)

i. Secondary Steps

1. Alcohol Education Workshop (AEW) – 72 students in AEW's 2009-2010, 60 students in AEW's 2010-2011(calendar year).
2. Your Campus Own it a Peer Education group started in the fall of 2011.
3. Peer Educators – Resident Assistants and First Year Leaders, trained to recognize and report detrimental behaviors.
4. Five Centenary students are sent to the New Jersey Peer Institute yearly since 2006 and trained to be "Certified Peer Educators" by Bacchus & Gamma Peer Education Network.

5. Training – For Resident Assistant staff, and First Year Leader staff.
  6. Centenary’s Student Handbook ([https://www.centenarycollege.edu/cms/fileadmin/user\\_upload/campus\\_life/Student\\_Handbook2010-2011.pdf](https://www.centenarycollege.edu/cms/fileadmin/user_upload/campus_life/Student_Handbook2010-2011.pdf)) lists the college’s Code of Conduct and a full listing of all disciplinary sanctions and procedures.
  7. Centenary Athletics Department distributes and reviews an eight page document discussing the Mission Statement, Testing (congruent to NCAA Drug Testing Programming and Protocol), mandatory Drug and Alcohol Awareness Education sessions and the disciplinary consequences of not abiding by said rules.
- c. Primary Prevention: The focus of primary efforts is to target groups of “currently unaffected people for purposes of helping them to continue functioning in healthy ways, free from disturbances” (Coyne, 1987)
1. Dry residence halls for First Year Students
  2. Alcohol Awareness Informational Events are offered through the Your Campus Own It, organization (offered to campus community and community at large). (Jim Matthews, M.ED)
  3. The Resident Life department also holds event featuring a professional health and wellness speaker, focusing on the dangers of drugs and responsible sexual activity. (Elaine Pasqua)
  4. Director of Student Engagement and Services and the Director of Resident Life give a detailed presentation during the orientation session for all incoming students.
  5. The Resident Life Department runs monthly alcohol awareness programming.
  6. Campus Wide Alcohol Awareness Program, run by the Centenary Counseling Center is held once an academic year. This involves a week long informational campaign involving literature, an exhibit of a car destroyed in an alcohol induced collision, simulated drunk driving glasses, signage and activities to invite student participation and education in regard to the dangers of drugs and alcohol.

7. Two Centenary staff are also members of the HMADP (Hackettstown Municipal Alliance for Drug Prevention) consisting of members of the greater Hackettstown Community including Elementary Principals and Local Law enforcement officials which addresses education and prevention methods.
8. Centenary Counseling Center offers screenings in the Center itself, online at <http://www.centenarycollege.edu/cms/ch/counseling/online-self-assessment/> and yearly at health awareness events held on campus.

**V. Summary for Alcohol and Other Drug Program Strengths and Weaknesses**

Centenary College continues to demonstrate a financial commitment to developing AOD programs and services. Our primary strengths include quality interventions at all levels of the public health prevention model, environmental management strategies, and a long standing collaboration with leadership in community based coalitions. Our greatest area of growth is continuing to enhance our primary prevention effects through enhanced peer education.

**VI. Procedure for Distributing Annual Alcohol and Other Drug Notification to Students and Employees**

A policy statement is currently included in the employee handbook disseminated online at:

[http://www.centenarycollege.edu/cms/fileadmin/user\\_upload/docs\\_hr/StaffHandbook\\_August2006.pdf](http://www.centenarycollege.edu/cms/fileadmin/user_upload/docs_hr/StaffHandbook_August2006.pdf) . The Student Handbook is also updated annually and disseminated

online at:

[https://www.centenarycollege.edu/cms/fileadmin/user\\_upload/campus\\_life/Student\\_Handbook2010-2011.pdf](https://www.centenarycollege.edu/cms/fileadmin/user_upload/campus_life/Student_Handbook2010-2011.pdf)

**VII. Recommendations for Revising Alcohol and Other Drugs (AOD) Programs**

Primary recommendations for revising AOD programs are as follows:

1. Continue to improve the distribution of AOD to all students, faculty and staff.
2. Continue to broaden the scope of communication, coordination and collaboration of AOD programs throughout the campus.
3. Continue to review alcohol policies on campus.
4. Continue to develop, implement and evaluate evidence-based AOD practices.
5. Work with appropriate campus groups to broaden the scope of programs and services.

6. Enhance the use of social norms; specifically, exploring social norm campaigns for unique Centenary College student groups.

## **VIII. Campus Resources:**

Resources and referrals are available for students who have concerns regarding their own or someone else's use of alcohol and/or other drugs. For information and assistance, students are encouraged to contact one of the following offices:

### **a. Centenary College Counseling Center**

Seay Building, Rm. 310  
Phone: 908-852-1400 ext. 2125

#### **Lorna S. Farmer, MSW, LCSW, Director**

Seay Building, room 310  
Phone: 908-852-1400 ext. 2125  
Email: [farmerl@centenarycollege.edu](mailto:farmerl@centenarycollege.edu)

#### **Mikolaya Nynka, LPC**

Seay Building, room 309  
Phone: 908-852-1400 ext. 2128  
Email: [nynkam@centenarycollege.edu](mailto:nynkam@centenarycollege.edu)

#### **Edward Ratush, M.D.**

Consulting Psychiatrist  
Phone: 908-852-1400 ext. 2125

### **b. Office of Student Engagement and Services**

Seay Building, Rm. 007  
Phone: 908-852-1400 ext. 2291

#### **Mary C. Painter, Director of Student Engagement and Services**

Seay Building, Rm. 007  
Phone: 908-852-1400 ext. 2291  
Email: [painterm@centenarycollege.edu](mailto:painterm@centenarycollege.edu)

#### **Neil Andrito, Director of Resident Life**

Seay Building, Rm. 013  
Phone: 908-852-1400 ext. 2404  
Email: [andriton@centenarycollege.edu](mailto:andriton@centenarycollege.edu)

### **c. Athletics**

**Billie Jo Blackwell, Director of Athletics**

John M. Reeves Student Recreation Center

Phone: 908-852-007 ext. 2137

Email: [blackwellb@centenarycollege.edu](mailto:blackwellb@centenarycollege.edu)

**Karin Damon, Head Athletic Trainer**

John M. Reeves Student Recreation Center

Phone: 908-852-0007 ext. 2196

Email: [damonk@centenarycollege.edu](mailto:damonk@centenarycollege.edu)

**IX. Laws and Campus Policies**

**NEW JERSEY STATE LAWS**

In compliance with current New Jersey Laws, the college prohibits the consumption of alcohol by persons who are under the age of 21, on or off campus. The college directs the attention of all students to the rules and regulations of the New Jersey Division for Alcoholic Beverage Control as summarized below. Each student is responsible for being aware of and for abiding by the laws of the state.

- A. All persons while in the state of New Jersey are subject to the rules and regulations of the New Jersey Alcoholic Beverage Control Board.
- B. Any minor who attempts to purchase, purchases, consumes, possesses, or transports any alcoholic beverages within the state of New Jersey is subject to fine, or imprisonment, or both.
- C. It is unlawful for any agency or person to sell or furnish alcoholic beverages of any kind to minors. It is unlawful for any minor to pay assessments, which will be used in whole or part, for the purchase of alcoholic beverages.
- D. It is unlawful to misrepresent one's own age to obtain alcoholic beverages or to claim to a liquor dealer that a minor is of age, i.e., false or fraudulent written identification of age is illegal.
- E. It is unlawful to possess or transport any liquor or alcohol not purchased according to New Jersey Law.
- F. Host liability: Anyone who knowingly furnishes alcoholic beverages to any person under the age of purchase is civilly liable for such furnishing if injury or damage to third party should occur.
- G. G. It is unlawful to furnish alcohol to obviously or visibly intoxicated person regardless of age. In New Jersey, you must be 21 to purchase, possess or consume alcoholic beverages. Underage drinking is illegal and can have severe consequences for young people who drink and for adults who provide alcoholic beverages to those under 21. If you are under 21 and you buy or drink alcohol in a place with an alcohol beverage license, you may be fined \$500 and lose your license for 6 months. If you do not have your driver's license, the suspension

starts when you are first eligible to receive a license. A person is guilty of drunk driving if he/she operates a motor vehicle with a Blood Alcohol Concentration (BAC) of 0.08 percent or greater. BAC refers to the amount of alcohol in your blood. Although the law refers to a 0.08 percent BAC, you can be convicted of driving while under the influence of intoxicating liquor even when your BAC is below 0.08 percent. A person under the age of 21 with a BAC of .01 or higher can be convicted of drunk driving. For details pertaining to New Jersey Laws please see the web page <http://www.nj.gov/oag/hts/alcohol.html>

## HACKETTSTOWN ORDINANCES

Hackettstown Ordinances related to alcohol are Disorderly Conduct Offenses and require a court appearance. Violations, except as otherwise provided herein, shall be punished by a fine not exceeding Five Hundred (\$500.00) Dollars, or by imprisonment in the County Jail for a term not to exceed ninety (90) days, or both. (10- 24-61 s4O)

9-1. Alcoholic Beverages Consumption by Minors - No minor shall knowingly possess or consume any alcoholic beverage in any place or places of assembly or in any motor vehicle in or about the Town. Any person violating this section is a disorderly person and shall be punished by a fine of not more than Fifty (\$50.00) Dollars, or be imprisoned in the county jail for not more than thirty (30) days, or both. Nothing in this section shall apply to possession of alcoholic beverages by any person while actually engaged in the performance of employment pursuant to any employment permit issued by the Director of Alcoholic Beverage Control, or for a bona fide hotel or restaurant in accordance with the provisions of Section 33:1- 26 of the Revised Statutes. (10-24-62 s34)

9-6. Drunkenness - No person shall be drunk or intoxicated in, on, near or about any public or private place within the Town to the annoyance of or danger to any other person or against the peace of the Town. No person or persons, whether owner, tenant, occupant or guest shall suffer or take part in any drunken, riotous or other disorderly conduct that shall disturb the peace and quiet of any family or neighbor, or any of the inhabitants of the Town. (10-24-61 s1 and s2) No person being under the influence of intoxicating liquor shall loiter or create a disturbance in any public street or public or quasi-public place or in any public conveyance, nor shall go in or upon any private property not his own without the permission of the owner or other person having authority to grant such permission. (10-24-61 s3) 9-15. Consumption of Alcoholic Beverages Prohibited in Public Places - No person shall drink or consume any alcoholic beverages in or upon:

a. A public street, lane, roadway, avenue, sidewalk, public parking place, park, playground, recreation area, shopping center parking lot, shopping center mall or plaza.

b. A public conveyance.

c. A private motor vehicle while the same is in motion or parked in any public street, lane, public parking lot or public or quasi-public place. d. Any private property not his or her own, without the express permission of the owner or other person with authority to grant such permission.

9-16. Possession of Alcoholic Beverages in Opened Containers Prohibited - No person shall carry about in his hand or on his person, or while in any parked or moving vehicle any glass, tumbler or open bottle or can containing alcoholic beverages or beverages of which alcoholic beverages are a part, whether said glass, bottle or can is clearly exposed or contained in a bag or cover, in any of the places designated in Paragraphs (a), (b), (c), or (d) of Section 9-15 set forth above. Notwithstanding the provisions of Sections 9-15 or 9-16, nothing herein shall be constituted to prohibit the consumption or possession of alcoholic beverages within the licensed premises of a Plenary Retail Consumption Liquor License.

## CENTENARY COLLEGE POLICIES

The following regulations have been formulated in accordance with College policies and apply to all members of the College Community and their guests or visitors using the College facilities. Centenary college is committed to educating students on the health and safety risks associate with possession and consumption. This will occur through workshops, orientation events, and residential hall activities and/or displays etc. These policies and sanctions have been established to enforce responsible use.

Policies pertaining to individuals: Level I.

- a. Violation of any alcohol or alcohol-related federal, state, local law or ordinance. (See above for details.)
- b. Being a student under the age of 21 in the presence of an open container of alcohol.
- c. Possession, use or distribution of alcohol by a student under the age of 21.
- d. Possession, use or distribution of alcohol by the guest of a student under the age of 21, even if the guest is 21 or older.
- e. Procurement of alcohol for a person or persons under the age of 21.
- f. Possession of alcohol in any campus building or room identified as “Dry”.

g. Hosting a student or guest, under the age of 21 in the presence of an open container of alcohol.

h. Consumption of alcohol may not infringe upon the rights of others to sleep study or engage in appropriate activities.

Level I. Sanctioning:

Number of Offense Sanction Failure to Complete 1st Offense Alcohol Education Workshop(AEW) 5 hours Community Service \$75.00 fine \$10.00 weekly fine until complete (Maximum \$50.00) 2nd Offense Letter to Bill Payer Alcohol Abuse Assessment 10 hours Community Service \$100.00 Fine \$10.00 weekly fine until complete (Maximum \$50.00) 3rd Offense Letter to Bill Payer Referral to Judicial Board for violation of code Loss of Housing / Visitation 4th Offense Suspension for the period of 1 year Dean's approval required for return Expulsion

## POLICY CONCERNING CONTROLLED SUBSTANCES

The New Jersey Criminal Code has 18 separate criminal codes for Controlled Substances. Below is a brief overview of the State's codes, but not intended to be all inclusive. Centenary College upholds all of the laws, not just those discussed or reviewed within this document.

## DEFINITIONS

Controlled substances are drugs whose general availability is restricted; any one of a number of drugs or other substances which are strictly regulated or outlawed because of their potential for abuse or addiction. Such drugs include those classified as narcotics, stimulants, depressants, hallucinogens, and cannabis.

## THE NEW JERSEY LAW

The following are general policies based on the New Jersey Criminal Codes for controlled substances (N.J.S.A. 2C:35-1-18).

1. The possession, manufacturing, growing, use of, sale and/or distribution of a controlled substance are illegal.
2. Possession of drug paraphernalia.

Drug-Free School Zones:

There is a special provision in this Act if you are on any school property (elementary or secondary) or within 1000 feet of any school property or school bus or on any

school bus and are convicted of distributing, dispensing or possessing with intent to distribute a "controlled or dangerous substance", you will be sentenced to a term of imprisonment and a fine up to \$100,000 depending upon amount of the substance you possess. During part of this term of imprisonment you would not be eligible for parole.

#### Other Penalties:

The New Jersey Comprehensive Drug Reform Act provides for forfeiture provisions under which the state may confiscate a motor vehicle in which any "controlled dangerous substance" is found, no matter how small the amount. Law enforcement officers are instructed to enforce all offenses strictly. Below outlines some of the penalties:

1. There is a penalty of mandatory loss or postponement of driving privileges of at least 6 months upon conviction of many drug offenses.
2. Especially harsh penalties are established to impose "stern punishment for persons involved in illegal manufacture of drugs."
3. If a person distributes a drug to a minor (under the age of 17) or a pregnant female, there is now a stiffer penalty.
4. Simple possession, use or being under the influence of ranges from jail time to \$25,000.
5. Use or possession with intent to distribute ranges from jail time \$300,000. Use or possession of drug paraphernalia ranges from six months in jail, mandatory fine of \$500 to \$1000 and a mandatory loss of driving privileges for up to two years.
7. In addition to the foregoing fines, every defendant convicted of any drug offense or who goes into a drug diversionary program must pay a mandatory penalty ranging from \$500 to \$3000 and a mandatory \$50 laboratory charge.

#### CENTENARY COLLEGE POLICY

As with the abuse of alcohol, the College recognizes the adverse effects the use of controlled substances and illegal drugs can have on students' ability to achieve their personal best. However, unlike alcohol, nonprescription, illegal substances and dangerous drugs are not permitted at any time and discovery of such may warrant the involvement of police authorities. Students who have been prescribed controlled substances should store these narcotics in their labeled containers within locked boxes. Verification of use of a prescribed controlled substance may be requested by a College official at any time. The College Code of Conduct lists Controlled Substance

Policy as a Level I Offense: “offenses that the College does not tolerate”. An offense, upon conviction, can result in expulsion or suspension from Centenary.

1. Use of controlled substances, non-prescribed prescription drugs, or otherwise dangerous drugs.
2. Possession of controlled substances, non-prescribed prescription drugs, or otherwise dangerous drugs.
3. Distribution or sale of controlled substances, non-prescribed prescription drugs, or otherwise dangerous drugs.
4. Presence in or on college property under the influence of controlled substances, non-prescribed prescription drugs, or otherwise dangerous drugs.
5. The manufacture or cultivation of controlled substances, non-prescribed prescription drugs, or otherwise dangerous drugs.
6. Being present in a room or apartment in which controlled substances, non-prescribed prescription drugs, or otherwise dangerous drugs are being used.
7. Possession of drug paraphernalia or items commonly associated with the consumption of drugs (i.e. hollowed-out cigars, bongs, blow tubes, inhalant devices, etc.). Impaired behavior due to the use of illegal substance and dangerous drugs will result in additional sanctioning. Students involved in any incident while impaired will be held accountable for an alcohol violation along with any other policy violations.